

Beauregard Parish School Food Service

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 CHICKEN NUGGETS MACARONI AND CHEESE CARROTS GREEN BEANS FRESH APPLE MILK	Oct - 3 MEATBALL SLIDERS GREEN BEANS SANDWICH SALAD CUP FRUIT CUP MILK	Oct - 4 SPAGHETTI AND MEAT SAU BREADSTICK CORN GARDEN SALAD MIXED FRUIT/CHOICE MILK	Oct - 5 GUMBO, CHICKEN & SAUSA BROWN RICE POTATO SALAD RELISH TRAY ORANGES MILK	Oct - 6 HOLIDAY
Oct - 9 NACHOS WITH GROUND BE TACO SALAD CUP CORN APPLE CRISP MILK	Oct - 10 RED BEANS AND SAUSAGE RICE MUSTARD GREENS CORNBREAD FRUIT CUP MILK	Oct - 11 BBQ CHICKEN CARROTS GREEN BEANS WW ROLLS MIXED FRUIT/CHOICE MILK	Oct - 12 HAM AND CHEESE SANDWICH SALAD CUP BAKED BEANS (VEGETARIA PEARS/CHOICE MILK	Oct - 13 CORN DOG POTATO ROUNDS CARROT STICKS MIXED FRUIT/CHOICE MILK
Oct - 16 CHICKEN NUGGETS MASHED POTATOES CARROTS FRESH APPLE MILK	Oct - 17 CHICKEN SAUCE PIQUANTE BROWN RICE BLACK-EYED PEAS TOSSED SALAD PEACHES/CHOICE MILK	Oct - 18 CHIC & VEGG RICE BOWL CORN PEARS/CHOICE MILK	Oct - 19 BEEF TACO SOFT SPANISH RICE RED BEANS TACO SALAD CUP ORANGES MILK	Oct - 20 BBQ PORK ZRIB GREEN BEANS SANDWICH SALAD CUP PEACHES/CHOICE CINNAMON ROLLS MILK
Oct - 23 SLOPPY JOE ON BUN SANDWICH SALAD CUP BAKED BEANS (VEGETARIA ORANGES OATMEAL COOKIES MILK	Oct - 24 BEEF VEGETABLE SOUP GRILLED CHEESE RELISH TRAY FRUIT CUP MILK	Oct - 25 HAMBURGER STEAK W/GRA MASHED POTATOES BROCCOLI PEACHES/CHOICE WW ROLLS MILK	Oct - 26 CHICKEN FAJITAS SAVORY BROWN RICE RED BEANS TACO SALAD CUP PINEAPPLE TIDBITS MILK	Oct - 27 PIZZA, PEPPERONI CORN GARDEN SALAD FRUIT MIX ANGELIC BROWNIES MILK
Oct - 30 CHILI CON CARNE GREEN BEANS APPLESAUCE GRAHAM CRACKERS MILK	Oct - 31 WHITE BEANS & HAM CORNBREAD MUSTARD GREENS CARROT STICKS FRUIT CUP MILK			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.