

Beauregard Parish School Food Service

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 BEEF BURRITO SPANISH RICE RED BEANS TACO SALAD CUP ORANGES MILK	Nov - 2 CHICKEN QUESADILLA CORN TACO SALAD CUP PEARS/CHOICE MILK	Nov - 3 BBQ BURGER ON A BUN SWEET POTATO FRIES SANDWICH SALAD CUP PEACHES/CHOICE MILK
Nov - 6 CHICKEN SPAGHETTI PEAS GREEN,CANNED,DRAI CARROTS ORANGES WW ROLLS MILK	Nov - 7 PORK & GRAVY RICE BLACK-EYED PEAS SWEET POTATOES FRUIT CUP MILK	Nov - 8 BAKED CHICKEN BROC CHEESE & RICE CASS RICE MIXED FRUIT/CHOICE WW ROLLS MILK	Nov - 9 GUMBO, CHICKEN & SAUSA BROWN RICE POTATO SALAD RELISH TRAY FRUIT MIX MILK	Nov - 10 HOLIDAY
Nov - 13 CHICKEN NUGGETS MASHED POTATOES CARROTS FRESH APPLE MILK	Nov - 14 JAMBALAYA PEAS GREEN,CANNED,DRAI GREEN SALAD FRUIT CUP MILK	Nov - 15 HAM CORNBREAD DRESSING BROCCOLI WW ROLLS SWEET POTATO PIE PEARS/CHOICE MILK	Nov - 16 BEEF TACO CRUNCHY SPANISH RICE RED BEANS TACO SALAD CUP FRUIT MIX MILK	Nov - 17 CHEESEBURGER SWEET POTATO FRIES SANDWICH SALAD CUP PEACHES/CHOICE MILK
Nov - 20 HOLIDAY	Nov - 21 HOLIDAY	Nov - 22 HOLIDAY	Nov - 23 HOLIDAY	Nov - 24 HOLIDAY
Nov - 27 CHICKEN NUGGETS MACARONI AND CHEESE CARROTS GREEN BEANS FRESH APPLE MILK	Nov - 28 MEATBALL SLIDERS GREEN BEANS SANDWICH SALAD CUP FRUIT CUP MILK	Nov - 29 SPAGHETTI AND MEAT SAU BREADSTICK CORN GARDEN SALAD MIXED FRUIT/CHOICE MILK	Nov - 30 CHICKEN PATTY SANDWICH BAKED BEANS (VEGETARIA SANDWICH SALAD CUP PEARS/CHOICE MILK	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.